

IMPORTANT INFORMATION FOR BREAST SURGERY PATIENTS

- Patients receiving the drug treatment Tamoxifen must stop this 4 weeks before their surgery and recommence 2 weeks post operation
- Bras – if requested to bring in a bra it must be:
 - Soft
 - Non-wired
 - Back fasteningPlease also bring 2-3 bra extender straps to increase the girth of the bra to allow for post-op swelling
- Patients for DIEP reconstruction will require a Lycra Body-Shaper for abdominal support which is to be worn for 6-8 weeks after the operation
- Patients for TUG flaps will require cycling shorts to be worn 6 weeks following surgery
- Smokers must stop completely, including patches, a minimum of 6 weeks before surgery

